



Question Bank: Student Check-Ins

100+ Questions Across Well-Being, Life Skills, and More



PANORAMA
EDUCATION

About This Resource

This resource is for school and district teams who recognize the power of student voice and want to ensure that every student has consistent, individualized support around well-being, life skills, and other necessities needed to thrive. Inside, you'll find an **introduction to student check-ins** and the **check-in questions** available in Panorama.

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What Are Student Check-Ins in Panorama?

“How are our students doing? Who needs our support now?”

Student needs are constantly shifting—often changing from week to week or even day to day. School districts are also grappling with significant challenges like chronic absenteeism, mental health concerns, and academic gaps. To help students stay on track, educators must stay closely attuned to student needs.

Panorama Check-Ins enable district leaders and educators to regularly collect student feedback and respond to their well-being concerns, struggles, and needs in real time. Check-Ins are a light, flexible companion to benchmark/annual student surveys and can be administered anytime in the Panorama platform.

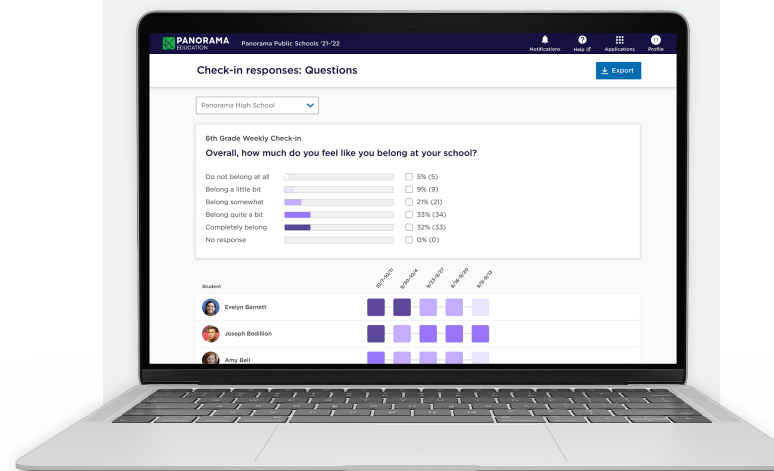
Panorama Check-Ins make it possible to:

- Stay in tune with evolving student needs, both academically and socially.
- Make sure no student concern goes unnoticed by offering a low-pressure way for students to express their challenges or needs.
- Intervene early to support students in real time, with students' responses available immediately.

Who Uses Panorama Check-Ins?

District and school teams partner with Panorama to understand student voice and coordinate interventions. Users may include:

- District coordinators and administrators
- Principals
- Counselors
- Teachers
- Interventionists
- Behavior coaches



[**Watch an on-demand demo of Panorama Check-Ins**](#)

How to Administer a Student Check-In With Panorama

Student check-ins are perfect to include in morning meetings, advisory periods, small group interventions, or general class time.

Here are the steps to creating a student check-in with Panorama:

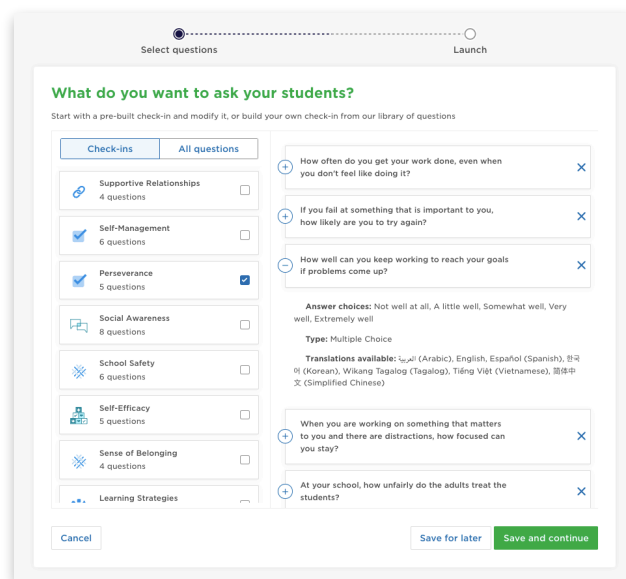
1. Select Questions to Ask Your Students

In Panorama, there are pre-loaded check-in question sets to get you started or you can build your own check-in by selecting questions from the bank. You can also create custom questions.

The questions span many themes, including: well-being, supportive relationships, safety, support and inclusion, classroom feedback, attendance, and more.

2. Decide Which Students You'd Like to Hear From—and How Often

Panorama syncs up with your student roster automatically. You can create a check-in for all of the students you have access to in Panorama, or choose a smaller group of students to survey. You can send it one time or on a daily, weekly, or monthly basis. Choosing a recurring survey means you'll be able to see how the results change over time.



Pictured above: The check-in builder in Panorama.

3. Send the Check-in to Students via a Unique URL

Once your check-in is ready, it's time to launch. Send the link to students via email or paste it onto a Google Slides or PowerPoint presentation. Students can access the check-in by entering their student ID. For recurring check-ins, students use the same URL every time they respond.

4. Review Your Responses

After you launch a check-in, student responses will appear in real-time on your Panorama dashboard. That way, you can quickly follow up with individual students, plan interventions for individual students or small groups, or plan school-wide or district-wide Tier 1 practices and programs in response.

Overview: Check-Ins Question Bank

The questions in this bank are appropriate for grades 3-12. We divide our Check-Ins Question Bank into two categories

1. **Check-Ins Questions** survey students about well-being, classroom feedback, or other pulse-check style questions. This category includes topics like Attendance Support, Emotion 360, The Necessities Index, Support and Inclusion, and a simple Raise Your Hand question. These surveys can be sent daily, weekly, or monthly. Use the information to plan the next day's lesson, augment Tier 1 supports, and follow up with individual students based on their responses.

Example Check-Ins Topics:

Attendance Intervention:

What led students to miss school, how much they value and anticipate good attendance for the remainder of the year, and what can support their attendance. Recommended for students who are chronically absent during the current school year.

Example Question: What kinds of things have led you to miss school days this year?

The Necessities Index:

Developed by Dr. Angela Duckworth and her team at the University of Pennsylvania, the Necessities Index is a 10-item scale measuring the material and social conditions necessary for adolescents to thrive.

Example Question: Transportation: Do you have a reliable way to get to places, like stores and appointments?

2. **Life Skills Questions** are for school administrators to check in on students' life skills development in between district-wide administrations of a benchmark (or annual/bi-annual) life skills survey. These topics should be sent monthly or less frequently. Use the results to reflect on trends in students' growth, plan or adjust Tier 1 supports, and plan actions or interventions for individuals or groups of students.

Overview: Check-Ins Question Bank

Example Life Skills Topics:

Growth Mindset:

Student perceptions of whether they have the potential to improve those factors that are central to their performance in school.

Example Question: How much can you improve your behavior in school?

Perseverance:

Perceptions of how well students are able to persevere through setbacks to achieve important goals.

Example Question: How often do you get your work done, even when you don't feel like doing it?

FAQs

Q: Are the questions available in multiple languages?

Yes! Schools and districts who partner with Panorama can administer these questions in English, Arabic, Chinese, Vietnamese, Korean, Tagalog, and Spanish.

Q: How can the questions be modified?

Users can arrange questions and modify topics from the question bank. Reach out to your district administrator if you would like to add custom questions to your bank.

Q: How were these questions developed?

Panorama developed these questions following [best practices in survey design](#). They are grounded in scholarly literature on positive psychology, learning science, and educational psychology. Some questions are from existing [Panorama survey instruments](#).



Check-Ins Topics

Pre-Built Question Sets in Panorama*

- **Raise Your Hand:** Question 1
- **Emotion Pulse Check:** Questions 1-3
- **Well-Being Narrative:** Questions 4-6
- **Emotion 360:** Questions 7-16
- **Check for Understanding I:** Questions 17-19
- **Check for Understanding II:** Question 20
- **Classroom Exit Ticket:** Questions 21-25
- **Attendance Support:** Questions 26-30
- **Attendance Intervention:** Questions 31-37
- **Post-Absence Pulse Check:** Questions 38-41
- **Support and Inclusion:** Questions 42-43
- **Let's Get to Know You:** Questions 44-56
- **Rose and Thorn:** Questions 57-59
- **Improving from Today:** Questions 60-61
- **Necessities at School:** Questions 62-65
- **The Necessities Index:** Questions 66-75

**These are the pre-built question sets in the Panorama platform. Users can add, remove, or rearrange questions in these sets—or build their own check-in from the All Questions tab.*

	Question	Response Options						Pre-Built Topic
1	Would you like to talk privately with an adult from school about how you're feeling or something on your mind?	Yes	No					<ul style="list-style-type: none"> • Raise your Hand • Emotion Pulse Check
2	How are you feeling today?	I feel terrible	I feel okay	I feel good	I feel great!			Emotion Pulse Check
3	What emotion are you feeling most today?	Excited	Happy	Loved	Angry	Sad	Worried	Emotion Pulse Check
4	What was the best part of the past week for you?	[Free response]						Well-Being Narrative
5	What was the hardest part of the past week for you?	[Free response]						Well-Being Narrative
6	What can teachers or other adults at school do to better help you?	[Free response]						Well-Being Narrative
7	During the past week, how often did you feel excited?	Almost never	Once in a while	Sometimes	Frequently	Almost always		Emotion 360
8	During the past week, how often did you feel happy?	Almost never	Once in a while	Sometimes	Frequently	Almost always		Emotion 360
9	During the past week, how often did you feel loved?	Almost never	Once in a while	Sometimes	Frequently	Almost always		Emotion 360
10	During the past week, how often did you feel safe?	Almost never	Once in a while	Sometimes	Frequently	Almost always		Emotion 360

	Question	Response Options					Pre-Built Topic
11	During the past week, how often did you feel hopeful?	Almost never	Once in a while	Sometimes	Frequently	Almost always	Emotion 360
12	During the past week, how often did you feel angry?	Almost never	Once in a while	Sometimes	Frequently	Almost always	Emotion 360
13	During the past week, how often did you feel lonely?	Almost never	Once in a while	Sometimes	Frequently	Almost always	Emotion 360
14	During the past week, how often did you feel sad?	Almost never	Once in a while	Sometimes	Frequently	Almost always	Emotion 360
15	During the past week, how often did you feel worried?	Almost never	Once in a while	Sometimes	Frequently	Almost always	Emotion 360
16	During the past week, how often did you feel frustrated?	Almost never	Once in a while	Sometimes	Frequently	Almost always	Emotion 360
17	How clearly did I teach things in class today?	Not at all clearly	Slightly clearly	Somewhat clearly	Quite clearly	Extremely clearly	Check for Understanding 1
18	What questions do you have about what we learned today?	[Free response]					Check for Understanding 1
19	What was confusing for you today?	[Free response]					Check for Understanding 1
20	If your friend missed class today and asked you to explain the lesson, what would you tell them?	[Free response]					Check for Understanding II

Check-Ins Questions

	Question	Response Options					Pre-Built Topic
21	How focused were you during class today?	Not at all focused	Slightly focused	Somewhat focused	Quite focused	Extremely focused	Classroom Exit Ticket
22	How interesting was class today?	Not at all interesting	Slightly interesting	Somewhat interesting	Quite interesting	Extremely interesting	Classroom Exit Ticket
23	How much did you enjoy class today?	Did not enjoy at all	Enjoyed a little bit	Enjoyed somewhat	Enjoyed quite a bit	Enjoyed a lot!	Classroom Exit Ticket
24	How hard did you try in class today?	Did not try at all	Tried a little bit	Tried somewhat	Tried quite a bit	Tried a lot!	Classroom Exit Ticket
25	What's the most important thing you learned today?	[Free response]					Classroom Exit Ticket
26	How important is it to you to have good attendance this year?	Not important at all	A little important	Somewhat important	Very important	Extremely important	Attendance Support
27	How confident are you that you will be able to have good attendance this year?	Not confident at all	A little confident	Somewhat confident	Very confident	Extremely confident	Attendance Support
28	What are some things you can do to help you have good attendance this year?	[Free response]					Attendance Support
29	What are some things the school can do to help you have good attendance this year?	[Free response]					Attendance Support
30	Would you like to speak with someone at the school about your attendance?	Yes	No				Attendance Support

Check-Ins Questions

	Question	Response Options					Pre-Built Topic
31	What kinds of things have led you to miss school days this year?	[Free response]					Attendance Intervention
32	How can the school help you improve your attendance?	[Free response]					Attendance Intervention
33	How can your family help you improve your attendance?	[Free response]					Attendance Intervention
34	What can you do to improve your attendance for the rest of the year?	[Free response]					Attendance Intervention
35	How important is it to you to have good attendance for the rest of this year?	Not important at all	A little important	Somewhat important	Very important	Extremely important	Attendance Intervention
36	How confident are you that you will be able to have good attendance for the rest of this year?	Not confident at all	A little confident	Somewhat confident	Very confident	Extremely confident	Attendance Intervention
37	Would you like to speak with someone at the school about improving your attendance?	Yes	No				Attendance Intervention
38	Please tell us about why you missed school.	[Free response]					Post-Absence Pulse Check
39	Have you talked with your teacher(s) about catching up on the work you missed when you were absent?	Yes	No				Post-Absence Pulse Check
40	What have you done to catch up on the work you missed when you were absent?	[Free response]					Post-Absence Pulse Check

	Question	Response Options					Pre-Built Topic
41	Would you like to speak with someone at the school about your attendance?	Yes	No				Post-Absence Pulse Check
42	How much did students in class help each other learn today?	Did not help at all	Helped a little bit	Helped somewhat	Helped quite a bit	Helped a lot!	Support and Inclusion
43	How included did you feel in class today?	Not at all included	Slightly included	Somewhat included	Quite included	Extremely included	Support and Inclusion
44	Which of the following is your favorite way to learn?	By talking with others	By listening	By reading			Let's Get to Know You
45	Would you rather do schoolwork as a group or by yourself?	As a group	By myself	Either way is fine by me			Let's Get to Know You
46	What is something you learned over the summer?	[Free response]					Let's Get to Know You
47	What do you like most about school?	[Free response]					Let's Get to Know You
48	What do you like least about school?	[Free response]					Let's Get to Know You
49	Describe the best school project or lesson you can remember.	[Free response]					Let's Get to Know You
50	What is one thing you think you do well as a student?	[Free response]					Let's Get to Know You

Check-Ins Questions

	Question	Response Options	Pre-Built Topic
51	What is one thing you would like to do better as a student?	[Free response]	<i>Let's Get to Know You</i>
52	What is something you would really want to learn about?	[Free response]	<i>Let's Get to Know You</i>
53	What is one thing you'd like your teacher(s) to know about you this year?	[Free response]	<i>Let's Get to Know You</i>
54	What is one thing you want to know about your teacher(s) this year?	[Free response]	<i>Let's Get to Know You</i>
55	What is something you like to do outside of school?	[Free response]	<i>Let's Get to Know You</i>
56	What is one thing you are looking forward to this school year?	[Free response]	<i>Let's Get to Know You</i>
57	What was your favorite part of class today?	[Free response]	<i>Rose and Thorn</i>
58	What else would you like me to know about your experience in class today?	[Free response]	<i>Rose and Thorn</i>
59	What got in the way of your learning today?	[Free response]	<i>Rose and Thorn</i>
60	What's the biggest thing I could do better tomorrow to help you learn?	[Free response]	<i>Improving from Today</i>

	Question	Response Options					Pre-Built Topic
61	What's the biggest thing you could do better tomorrow to help yourself learn?	[Free response]					<i>Improving from Today</i>
62	If we had free breakfast at school, how much would that help you?	Not at all	A little bit	A lot			<i>Necessities at School</i>
63	If you could do laundry at school, how much would that help you?	Not at all	A little bit	A lot			<i>Necessities at School</i>
64	If you could get free clothes (like jackets and shoes) at school, how much would that help you?	Not at all	A little bit	A lot			<i>Necessities at School</i>
65	If we could improve your internet access outside of school, how much would that help you?	Not at all	A little bit	A lot			<i>Necessities at School</i>
66	Do you have a reliable way to get to places—like stores and appointments?	Yes	No	Prefer not to say			<i>The Necessities Index</i>
67	If you get sick, does someone take you to the doctor?	Yes	No	Prefer not to say			<i>The Necessities Index</i>
68	Do you live in a neighborhood where it's safe to take a walk after dark?	Yes	No	Prefer not to say			<i>The Necessities Index</i>
69	Do you have your own quiet space at home to relax or do homework?	Yes	No	Prefer not to say			<i>The Necessities Index</i>
70	Does your family worry about losing their home?	Yes	No	Prefer not to say			<i>The Necessities Index</i>

Check-Ins Questions

	Question	Response Options					Pre-Built Topic
71	Do you have access to fruit and vegetables every day?	Yes	No	Prefer not to say			<i>The Necessities Index</i>
72	If you had trouble with schoolwork, is there someone who could help?	Yes	No	Prefer not to say			<i>The Necessities Index</i>
73	If you wanted to do a sport, musical instrument, or hobby, could your family pay for the equipment and fees?	Yes	No	Prefer not to say			<i>The Necessities Index</i>
74	Is there an adult you can go to when you are upset or have a problem?	Yes	No	Prefer not to say			<i>The Necessities Index</i>
75	Is there an adult in your life who believes you can reach your goals, if you try?	Yes	No	Prefer not to say			<i>The Necessities Index</i>



Life Skills Topics

Pre-Built Question Sets in Panorama*

- **Growth Mindset:** Questions 76-79
- **Supportive Relationships:** Questions 80-83
- **Self-Management:** Questions 84-89
- **Perseverance:** Questions 90-94
- **Social Awareness:** Questions 95-102
- **School Safety:** Questions 103-108
- **Self-Efficacy:** Questions 109-113
- **Sense of Belonging:** Questions 114-117
- **Learning Strategies:** Questions 118-121
- **Classroom Effort:** Questions 122-126
- **Emotion Regulation:** Questions 127-131
- **Rigorous Expectations:** Questions 132-136

**These are the pre-built question sets in the Panorama platform. Users can add, remove, or rearrange questions in these sets—or build their own check-in from the All Questions tab*

	Question	Response Options					Pre-Built Topic
76	How much can you improve your behavior in school?	Can't improve at all	Can improve a little	Can improve some	Can improve a lot	Can improve a huge amount	Growth Mindset
77	How much can you increase the effort you give in school?	Can't increase at all	Can increase a little	Can increase some	Can increase a lot	Can increase a huge amount	Growth Mindset
78	When you make a mistake on your schoolwork, how often do you ask your teacher for ways you can do better next time?	Almost never	Once in a while	Sometimes	A lot of the time	Almost all the time	Growth Mindset
79	How much can you increase how smart you are?	Can't increase at all	Can increase a little	Can increase some	Can increase a lot	Can increase a huge amount	Growth Mindset
80	Do you have a family member or other adult outside of school who you can count on to help you, no matter what?	No	Yes				Supportive Relationships
81	Do you have a friend from school who you can count on to help you, no matter what?	No	Yes				Supportive Relationships
82	Do you have a teacher or other adult from school who you can count on to help you, no matter what?	No	Yes				Supportive Relationships
83	What can teachers or other adults at school do to better help you?	No	Yes				Supportive Relationships
84	During the past two weeks, how often did you allow others to speak without interrupting them?	Almost never	Once in a while	Sometimes	A lot of the time	Almost all the time	Self-Management
85	During the past two weeks, how often did you come to class prepared?	Almost never	Once in a while	Sometimes	A lot of the time	Almost all the time	Self-Management

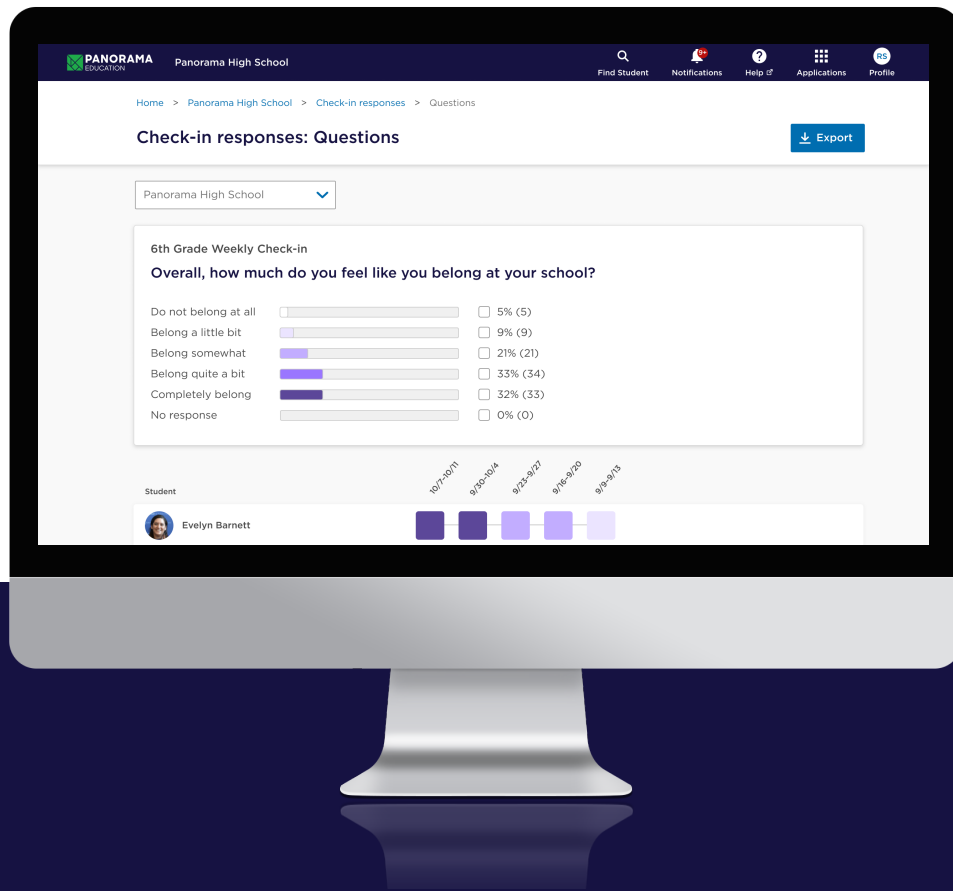
	Question	Response Options					Pre-Built Topic
86	During the past two weeks, how often did you follow directions in class?	Almost never	Once in a while	Sometimes	A lot of the time	Almost all the time	Self-Management
87	During the past two weeks, how often did you get your work done right away, instead of waiting until the last minute?	Almost never	Once in a while	Sometimes	A lot of the time	Almost all the time	Self-Management
88	During the past two weeks, how often did you pay attention in class?	Almost never	Once in a while	Sometimes	A lot of the time	Almost all the time	Self-Management
89	During the past two weeks, when you were working on your own, how often did you stay focused?	Almost never	Once in a while	Sometimes	A lot of the time	Almost all the time	Self-Management
90	How often do you get your work done, even when you don't feel like doing it?	Almost never	Once in a while	Sometimes	A lot of the time	Almost all the time	Perserverance
91	If you fail at something that is important to you, how likely are you to try again?	Not at all likely	A little likely	Somewhat likely	Very likely	Extremely likely	Perserverance
92	How well can you keep working to reach your goals if problems come up?	Not well at all	A little well	Somewhat well	Very well	Extremely well	Perserverance
93	When you are working on something that matters to you and there are distractions, how focused can you stay?	Not at all focused	A little focused	Somewhat focused	Very focused	Extremely focused	Perserverance
94	How hard do you work to keep your promises, even if they are hard to keep?	Not hard at all	A little hard	Somewhat hard	Very hard	Extremely hard	Perserverance
95	During the past two weeks, how carefully did you listen to other people's opinions?	Not carefully at all	A little carefully	Somewhat carefully	Very carefully	Extremely carefully	Social Awareness

	Question	Response Options					Pre-Built Topic
96	During the past two weeks, how clearly were you able to describe your feelings?	Not at all clearly	A little clearly	Somewhat clearly	Very clearly	Extremely clearly	Social Awareness
97	During the past two weeks, how much did you care about other people's feelings?	Did not care at all	Cared a little bit	Cared somewhat	Cared a lot	Cared a huge amount	Social Awareness
98	During the past two weeks, how often did you compliment others' accomplishments?	Almost never	Once in a while	Sometimes	A lot of the time	Almost all the time	Social Awareness
99	During the past two weeks, how well did you get along with students who are different from you?	Did not get along at all	Got along a little bit	Got along somewhat well	Got along very well	Got along extremely well	Social Awareness
100	During the past two weeks, how much were you able to disagree with others without starting an argument?	Not at all	A little bit	Somewhat	A lot	A huge amount	Social Awareness
101	During the past two weeks, how much were you able to stand up for yourself without putting others down?	Not at all	A little bit	Somewhat	A lot	A huge amount	Social Awareness
102	During the past two weeks, when others did not agree with you, how respectful were you of their opinions?	Not at all respectful	A little respectful	Somewhat respectful	Very respectful	Extremely respectful	Social Awareness
103	At your school, how unfairly do the adults treat the students?	Not at all unfairly	Slightly unfairly	Somewhat unfairly	Quite unfairly	Extremely unfairly	School Safety
104	How likely is it that someone from your school will bully you online?	Not at all likely	Slightly likely	Somewhat likely	Quite likely	Extremely likely	School Safety
105	How often are people disrespectful to others at your school?	Almost never	Once in a while	Sometimes	Frequently	Almost always	School Safety

	Question	Response Options					Pre-Built Topic
106	How often do students get into physical fights at your school?	Almost never	Once in a while	Sometimes	Frequently	Almost always	School Safety
107	How often do you worry about violence at your school?	Almost never	Once in a while	Sometimes	Frequently	Almost always	School Safety
108	If a student is bullied in school, how difficult is it for him/her to get help from an adult?	Not at all difficult	Slightly difficult	Somewhat difficult	Quite difficult	Extremely difficult	School Safety
109	How sure are you that you can complete all the schoolwork that is given to you?	Not at all sure	A little sure	Somewhat sure	Very sure	Extremely sure	Self Efficacy
110	How sure are you that you can do the hardest schoolwork that is given to you?	Not at all sure	A little sure	Somewhat sure	Very sure	Extremely sure	Self Efficacy
111	How sure are you that you can learn all the subjects taught in your classes?	Not at all sure	A little sure	Somewhat sure	Very sure	Extremely sure	Self Efficacy
112	How sure are you that you will remember what you learned in your current classes, next year?	Not at all sure	A little sure	Somewhat sure	Very sure	Extremely sure	Self Efficacy
113	When complicated ideas are discussed in class, how sure are you that you can understand them?	Not at all sure	A little sure	Somewhat sure	Very sure	Extremely sure	Self Efficacy
114	How much respect do students at your school show you?	No respect at all	A little bit of respect	Some respect	A lot of respect	A huge amount of respect	Sense of Belonging
115	How much support do the adults at your school give you?	No support at all	A little bit of support	Some support	A lot of support	A huge amount of support	Sense of Belonging

	Question	Response Options					Pre-Built Topic
116	How well do people at your school understand the kind of person you are?	Do not understand at all	Understand a little	Understand somewhat	Understand mostly	Completely understand	<i>Sense of Belonging</i>
117	When you are at school, how much do you feel like you belong?	Do not belong at all	Belong a little bit	Belong somewhat	Mostly belong	Completely belong	<i>Sense of Belonging</i>
118	When you get stuck while learning something new, how likely are you to try to learn it in a different way?	Not likely at all	Slightly likely	Somewhat likely	Quite likely	Extremely likely	<i>Learning Strategies</i>
119	How sure are you that you can figure out a good way to get your schoolwork done well?	Not sure at all	Slightly sure	Somewhat sure	Quite sure	Extremely sure	<i>Learning Strategies</i>
120	Before you start on a challenging project, how often do you think about the best way to do it?	Almost never	Once in a while	Sometimes	Frequently	Almost Always	<i>Learning Strategies</i>
121	Overall, how well can you figure out how to learn things?	Not well at all	Slightly well	Somewhat well	Quite well	Extremely well	<i>Learning Strategies</i>
122	Please tell us about the level of effort you are putting into your class. How hard do you try to get involved in discussions during class?	Not hard at all	Slightly hard	Somewhat hard	Quite hard	Extremely hard	<i>Classroom Effort</i>
123	When your teacher is speaking, how hard do you try to pay attention?	Not hard at all	Slightly hard	Somewhat hard	Quite hard	Extremely hard	<i>Classroom Effort</i>
124	How much effort do you put into your homework for this class?	Almost no effort	A little bit of effort	Some effort	Quite a bit of effort	A tremendous amount of effort	<i>Classroom Effort</i>
125	Overall, how hard do you try in class?	Not hard at all	Slightly hard	Somewhat hard	Quite hard	Extremely hard	<i>Classroom Effort</i>

	Question	Response Options					Pre-Built Topic
126	How much effort do you put into learning all the material for this class?	Almost no effort	A little bit of effort	Some effort	Quite a bit of effort	A tremendous amount of effort	Classroom Effort
127	How often are you able to control your emotions when you need to?	Almost never	Once in a while	Sometimes	A lot of the time	Almost always	Emotion Regulation
128	How often are you able to pull yourself out of a bad mood?	Almost never	Once in a while	Sometimes	A lot of the time	Almost always	Emotion Regulation
129	When you get upset, how often can you get yourself to relax?	Almost never	Once in a while	Sometimes	A lot of the time	Almost always	Emotion Regulation
130	When you get upset, how often do you stop to think before you act?	Almost never	Once in a while	Sometimes	A lot of the time	Almost always	Emotion Regulation
131	When things go wrong for you, how calm are you able to stay?	Not calm at all	A little calm	Somewhat calm	Very calm	Extremely calm	Emotion Regulation
132	How much do your teachers encourage you to do your best?	Do not encourage me at all	Encourage me a little	Encourage me some	Encourage me a lot	Encourage me a huge amount	Rigorous Expectations
133	How often do your teachers ask you to explain your answers?	Almost never	Once in a while	Sometimes	A lot of the time	Almost always	Rigorous Expectations
134	How often do your teachers take time to make sure you understand your schoolwork?	Almost never	Once in a while	Sometimes	A lot of the time	Almost always	Rigorous Expectations
135	How high are your teachers' expectations of you?	Not high at all	A little high	Somewhat high	Very high	Extremely high	Rigorous Expectations
136	When you feel like giving up, how likely is it that your teachers will ask you to keep trying?	Not at all likely	A little likely	Somewhat likely	Very likely	Extremely likely	Rigorous Expectations



About Panorama Education

Panorama Education is an education technology company founded in 2012 that helps students achieve academic success and well-being, and gives schools and school districts a platform to hear what families, students, and teachers need in the classroom. Educators use Panorama's software platform to understand and support students across academics, attendance, behavior, and life skills development. District leaders use the same platform to track progress toward strategic goals, such as literacy, graduation, and school safety. Panorama is proud that its platform is used to support 15 million students in 25,000 schools and 2,000 districts across the United States.

[Request a Demo](#)

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